



*“THE GIFT THAT KEEPS ON  
GIVING”*

A CASE STUDY OF RECURRENT  
CANCER

# ORIGINAL DIAGNOSIS PATIENT JD

- 45 YO PATIENT FOUND SWOLLEN AXILLARY LYMPH NODE 7/4/01
- BIOPSIED 7/13/01
- DIAGNOSED 7/13/01 WITH STAGE 2 METASTATIC BC
- FURTHER SCANS SHOWED BRAIN & LUNG INVOLVEMENT
- DIAGNOSIS EXPANDED TO END-STAGE METASTATIC BC
- PATIENT GIVEN 3-5 MONTHS TO LIVE, SCHEDULED TO BEGIN WITH DOUBLE MASTECTOMY & CHEMO

# PATIENT JD

## WHAT TO DO FIRST?

### ***RESEARCH!*** DISCOVERED THAT:

- SURGERY STIMULATES CANCER & WEAKENS THE IMMUNE SYSTEM<sup>1</sup>
- CHEMO & RADIATION BOTH:
  - KILL THE P53 TUMOR-SUPPRESSOR GENE
  - DISTORT THE DNA OF THE HEALTHY CELLS, MAKING THEM PRE-CANCEROUS
  - PROMOTE TUMOR GROWTH AND SPREAD<sup>2</sup>
  - CAUSE CANCER TO BUILD IMMUNITIES TO THEM
  - DAMAGE THE IMMUNE SYSTEM & VITAL BODY ORGANS

<sup>1</sup> <http://www.breastcancer.org/tips/immune/cancer/surgery>

<sup>2</sup> <http://cancerres.aacrjournals.org/content/early/2011/09/28/0008-5472.CAN-11-0627.full.pdf>

# PATIENT JD

- CHALLENGED THE SURGEON AND ONCOLOGIST AT PRE-OP, CITING RESEARCH
  - SURGEON AND ONCOLOGIST CONFIRMED RESEARCH
- PATIENT: WHY SHOULD I DO THAT?
- PATIENT REFUSED SURGERY, CHEMO, & RADIATION

# PATIENT JD

## WHAT TO DO FIRST?

- PATIENT FIRST CHOSE:
  - RAW, ORGANIC VEGAN CLEANSE AND DIET
  - DAILY ENEMAS AND TWICE-WEEKLY COLONICS
  - CHI MACHINE FOR LYMPH MOVEMENT
  - ESSIAC TEA & RED CLOVER STILINGIA FOR ADDITIONAL DETOX & TARGETED THERAPIES
  - PRAYER, VISUALIZATION, AFFIRMATIONS
  - ACCUPUNCTURE
  - MILD EXERCISE
  - BOOKS AND MOVIES TO ENCOURAGE LAUGHTER/TEARS<sup>3</sup>
  
- CONVENTIONAL THERAPIES: ZOLODEX INJECTIONS + FEMARA
- ALTERNATIVE: NUTRITION; DETOX; SPIRITUALITY; MIND/BODY; LIFESTYLE

<sup>3</sup> Lancet Oncol. 2015 Dec;16(16):1601. doi: 10.1016/S1470-2045(15)00496-9

# PATIENT JD

## WHAT TO DO NEXT?

- AUGUST 2002: ONE YEAR AFTER DIAGNOSIS
  - STILL ALIVE
  - SOME TUMORS SHRUNK, SOME GONE, BUT MANY STILL THERE
  - FOUND INFORMATION ON **IPT** ON THE FLEDGLING INTERNET
  - COULD NOT FIND MANY IPT PHYSICIANS: SOME DECEASED, SOME RETIRED
  - CONTACTED DR. DONATO PEREZ GARCIA III IN TIJUANA ON 8/30/02

# PATIENT JD

- FIRST IPT TREATMENT LABOR DAY, 2002
- ULTRASOUNDS TO WATCH TUMOR STATUS ON REGULAR BASIS
- SWITCH CHEMOS WHEN CANCER SHOWED ANY CHANGE IN GROWTH
- PHYSICIAN INCLUDES ANTI-VIRAL, ANTI-INFLAMMATORY, ANTI-FUNGAL, & ANTI-BACTERIAL SUBSTANCES INTO IPT TREATMENT
- OCCASIONAL ORAL SUPPLEMENTATION OF ONE OF THE 4 ABOVE SUBSTANCES

# PATIENT JD

- PATIENT EATING 'PALEO'-TYPE DIET
- WALKING, SOME HIKING, LIGHT THERAPY, CHI MACHINE, PRAYER/CHURCH
- CONVENTIONAL THERAPIES: ZOLODEX INJECTIONS, FEMARA
- ALTERNATIVE: NUTRITION; DETOX; LIFESTYLE; SPIRITUALITY
- WHEN ASKED, PATIENT CITES EXTREMELY STRESSFUL HOME ENVIRONMENT



# PATIENT JD

- WATCHED TUMORS SHRINK & GO AWAY
- STABLE/CANCER-CLEAR BY ST. PATRICK'S DAY, 2003
- STAYED IN TREATMENT ON A DIMINISHING FREQUENCY SCHEDULE
- CONVENTIONAL THERAPIES: ZOLODEX INJECTIONS, FEMARA, SELF-HYPNOSIS CLINICAL TRIAL
- ALTERNATIVE: ***IPT & OTHER TARGETED THERAPIES, DETOX, IMMUNITY; LIFESTYLE; SPIRITUALITY; MIND/BODY***

# PATIENT JD

- 2004, HUSBAND ABUSIVE, DIVORCE
- EXISTING DORMANT MOTHER TUMOR SHELL SHOWED SOME BLOOD FLOW ON SUBSEQUENT ULTRASOUND
- PATIENT INCREASED FREQUENCY OF **IPT TREATMENTS** UNTIL CANCER-CLEAR STATUS REGAINED
- CONVENTIONAL THERAPIES: ZOLODEX INJECTIONS, FEMARA, SHORT-TERM ZOLOFT
- ALTERNATIVE: **EFT FOR PTSD, WALKING, DIVORCE SUPPORT GROUP, AL-ANON FOR ABUSE ISSUES, PRAYER GROUP, LAYING ON OF HANDS**

# PATIENT JD

- 2004 – 2007: PATIENT STAYS ON SELF-DEVELOPED HEALING PROGRAM, CHANGING THINGS OCCASIONALLY TO KEEP CANCER GUESSING. ANNUAL **IPT TREATMENTS**. REMAINS ON ZOLODEX INJECTIONS & FEMARA.
- CONTINUED **EFT, WALKING, KNITTING (PRAYER SHAWL MINISTRY), LAYING-ON-OF-HANDS, COLONICS/ENEMAS**
- 2007, 3-WEEK RAW ORGANIC VEGAN **CLEANSE**
- 2007, FATHER DIAGNOSED WITH END-STAGE LUNG CANCER, GIVEN 6 WEEKS
- PATIENT GETS FATHER INTO IPT
  - PATIENT NOW CAREGIVER FOR BOTH PARENTS, PLUS SELF
- LUNG TUMOR SHRINKS AND MOVES AWAY FROM LUNG & DIAPHRAGM
- AFTER 8 MONTHS, FATHER DECIDES TO DIE, DEAD 6 DAYS LATER
- PATIENT EXPERIENCES HEAVY GRIEF

# PATIENT JD

- ANGER TOWARD FATHER FOR DECIDING TO DIE AND TOWARDS OVERLY DEMANDING MOTHER
  - PATIENT SEEKS THERAPIES
    - EMOTIONAL FREEDOME TECHNIQUE (EFT)
    - EYE MOVEMENT DESENSITIZATION REPROCESSING (EMDR)<sup>4</sup>
    - BOOKS AND MOVIES TO ENCOURAGE LAUGHTER/TEARS
    - PRAYER, WALKING, KNITTING.
    - STILL ANNUAL IPT TREATMENT
    - STILL ON ZOLODEX & FEMARA

<sup>4</sup>*The Permanente Journal*. 2014;18(1):71-77. doi:10.7812/TPP/13-098

# PATIENT JD

2008 – 2013

- ANNUAL **IPT TREATMENTS**
- OFF ZOLODEX BUT REMAINS ON FEMARA
- NOW CARING FOR MOTHER AS WELL AS SELF
  - JD FOCUSES ON **PURGING OLD EMOTIONS & NURTURING LOVING ONES**
- MOTHER GRADUALLY DECLINES, DIES 2013
- PATIENT EXPERIENCES SENSE OF ABANDONMENT/ALONENESS

# PATIENT JD

- 2014, ANNUAL PET SCAN SHOWS CANCER RECURRENCE IN ORIGINAL BREAST, IN ORIGINAL MOTHER TUMOR SHELL
- PATIENT:
  - MOVING TO NEW HOME
  - DEALING WITH EXECUTOR & ESTATE ISSUES
  - FAMILY STRIFE OVER ESTATE
  - REPORTS SHE CANNOT FIND A REASON TO CARE ENOUGH ABOUT LIVING

# PATIENT JD WHAT NOW?

- PATIENT IS SINGLE, WITH NO CLOSE FAMILY TIES
- DOESN'T HAVE A GREAT WILL TO LIVE
- BACK IN TREATMENT, BUT HALF-HEARTEDLY
  - ALTERNATIVE CLINICAL TREATMENTS: **IPT, IVC, OZONE**
  - CONVENTIONAL THERAPIES: FEMARA, ZOLOFT
- VERY DEPRESSED

# PATIENT JD CASE STUDY (CONTD.)

- 2016 PET, MORE TUMORS IN BREAST
  - MID 2016, PATIENT PARTAKES IN PROGRAM IN MEXICO: ART-C, AMIGDALEN, KETOGENIC DIET, HBOT, AND OZONE
  - REACTION TO AMIGDALEN, WHICH IS THEN DROPPED FROM PROGRAM
  - CANCER STABILIZES AFTER 6 WEEKS, ULTRASOUND SHOWS NO ACTIVITY
  - LATE 2016, PATIENT MAKES A DECISION TO LIVE
  - PATIENT RESUMES IPT TREATMENTS, ALONG WITH ART-C AND OZONE



# PATIENT JD

## WHAT DID SHE DO?

- 2017 PET – MORE, LARGER TUMORS IN BREAST/LYMPH
- PATIENT CONTINUES IN IPT, ART-C, AND OZONE TREATMENTS
- ULTRASOUNDS SHOW INCREASES IN NUMBER OF TUMORS, SIZE
- REALIZES THAT SHE HAS UNRESOLVED EMOTIONAL, PSYCHOLOGICAL, & SPIRITUAL ISSUES
- THE CDC SAYS THAT 85% OF ALL DISEASES HAVE THEIR ROOTS IN EMOTIONS
- LATE 2017, GREEK TEST SHOWS MDR

# PATIENT JD

## WHAT DID SHE DO?

- JANUARY 2018 BREAST MRI, MORE TUMORS IN BREAST/LYMPH, BONE INVOLVEMENT & PECTORAL MUSCLE
- *WHAT NOW?*
  - *DOXYCYCLINE 100mg FOR BONE METS*
  - *CELEBREX 200mg FOR PAIN*
  - *MEDICAL CANNABIS FOR PAIN AND ANTI-CANCER*
  - *ZOLOFT*
  - *METFORMIN*

# PATIENT JD

## WHAT DID SHE DO?

FEBRUARY/MARCH 2018

- DOCTOR PUT PATIENT ON ROTATING SUPPLEMENT PROGRAM FOR MDR READING ON GREEK TEST
- **PATIENT ACTIVELY BROUGHT BACK THE HEALING PLATFORM FOR WHOLE-BEING HEALING**
- **EMOTIONAL RECALL HEARING**
- **SPIRIT, MIND, BODY MEDICINE**
- **EVOX SESSIONS**

# PATIENT JD CASE STUDY (CONTD.)

- MARCH 2018 PET – MAIN TUMOR IN BREAST, STABLE SLIGHTLY SMALLER
- TWO OTHER TUMORS GREATLY REDUCED IN SIZE
- BONE METS STILL PRESENT

# PATIENT JD

## CASE STUDY (CONTD.)

### MARCH – PRESENT

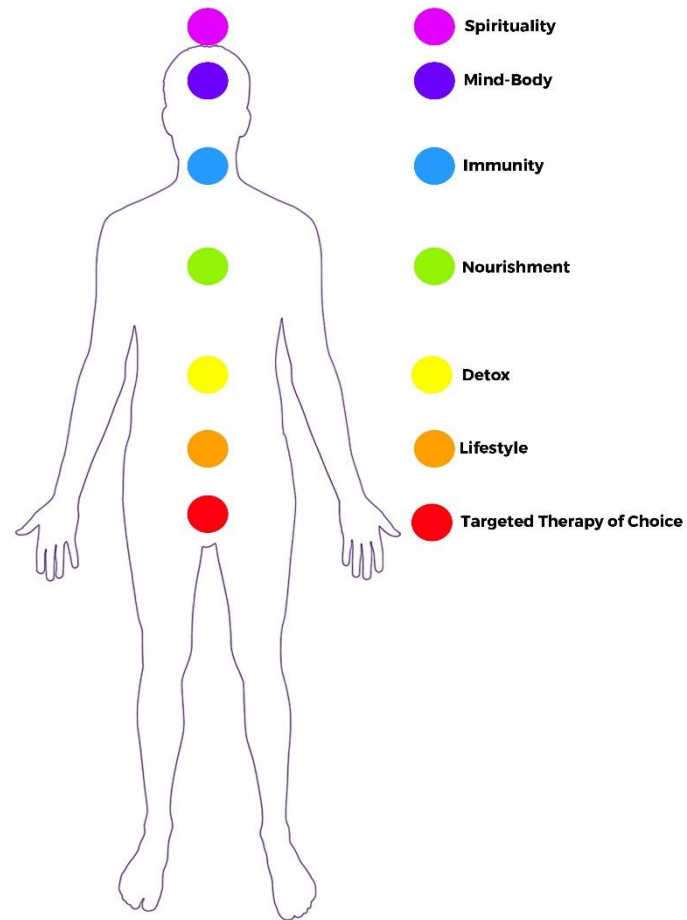
- PATIENT REPORTS
  - FEELING BETTER
  - LEFT BREAST CLOSER TO SIZE OF RIGHT BREAST
  - NO NOTICEABLE BONE PAIN
  - PECTORAL MUSCLE NO LONGER HURTS
  - OVERALL FEELING OF QUALITY OF LIFE

# PATIENT JD CASE STUDY (CONTD.)

WHAT SEEMS TO HAVE MADE THE DIFFERENCE IN BOTH DIAGNOSES?

- SPIRITUAL TOOLS
- EMOTIONAL THERAPIES
- PSYCHOLOGICAL SESSIONS
- IMMUNOLOGY WORK
- NOURISHMENT
- DETOX
- EXERCISE/LIFESTYLE
- TARGETED THERAPIES

# The Healing Platform



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## A Template to **Build Your Own Cure!**

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# The Healing Platform

## SPIRITUALITY

### THE SPINDRIFT RESEARCH GROUP

The Spindrift Research Group in Oregon found that rye seed that was prayed over germinated more quickly than seed that was not prayed over. They then explored whether asking for a specific end result in a prayer was better or worse than simply asking for God's will to be done. They concluded that the most effective prayers were the ones that merely asked for God's presence. Here's what the Spindrift Research Group had to say about the workings of prayer:

'Scientifically, it is shocking to think of a force as intelligent, loving, kind, good, and aware of needs. But each test prayer somehow linked to a loving intelligence moved the seeds towards their norms.'

Their findings, that a non directed approach to prayer works best, fits with my theory that prayer can bring an organism into closer harmony with its universal pattern.



# The Healing Platform

## SPIRITUALITY

Study showed that overall positive spiritual coping significantly predicted greater survival over 17 years\*

\*Ironson, G., Kremer, H. & Lucette, A. J GEN INTERN MED (2016) 31: 1068.  
<https://doi.org/10.1007/s11606-016-3668-4>

# The Healing Platform

## SPIRITUALITY

### Tools:

- Prayer
- Attendance at Religious Services
- Meditation
- Healing Touch
- Order of St. Luke
- Prayer Group
- Reiki

# The Healing Platform

## MIND/BODY

## (PSYCHONEUROIMMUNOLOGY)

- For more than a decade, researchers have known that behavioral and psychological events can influence the immune system.
- Research pointing to a circuit linking the immune system and brain connects illness, stress, mood and thought in a whole new way.
  - Stress--maybe even the stress of being cold--appears to tap into the same immune system-nervous system loop that triggers symptoms of the common cold

# The Healing Platform

## MIND/BODY

### (PSYCHONEUROIMMUNOLOGY)

- Buried, toxic emotions
  - Usually start in childhood
- Patterns continue through life
- Create belief systems
  - Unworthiness, unlovable, displeasing

# The Healing Platform

## MIND/BODY

### (PSYCHONEUROIMMUNOLOGY)

- Feelings of being trapped, “There is no escape”
- Traumatic events 6 months to 2 years prior to diagnosis
- Unknown/unrecognized traumas can be triggered and resurface

**Over 2000 references in *PubMed***

# The Healing Platform

## MIND/BODY

### (PSYCHONEUROIMMUNOLOGY)

#### The Cancer Personality\*

- Being highly conscientious, dutiful, responsible, caring, hard-working, and usually of above average intelligence.
- Exhibiting a strong tendency toward carrying other people's burdens and toward taking on extra obligations, often “worrying for others.”
- Having a deep-seated need to make others happy, tending to be “people pleasers.” Having a great need for approval.

## MIND/BODY

### (PSYCHONEUROIMMUNOLOGY)

### Cancer

#### Personality (contd.)

- Often having a history of lack of closeness with one or both parents, sometimes, later in life, resulting in lack of closeness with spouse or others who would normally be close.
- Harboring long-suppressed toxic emotions, such as anger, resentment and/or hostility. Typically the cancer-susceptible individual internalizes such emotions and has great difficulty expressing them.
- Reacting adversely to stress, often becoming unable to cope adequately with such stress. Usually experiencing an especially damaging event about 2 years before the onset of detectable cancer. The patient is unable to cope with this traumatic event or series of events, which comes as a “last straw” on top of years of suppressed reactions to stress.
- Showing an inability to resolve deep-seated emotional problems and conflicts, usually arising in childhood, often even being unaware of their presence.

# The Healing Platform

## MIND/BODY

### (PSYCHONEUROIMMUNOLOGY)

- **Tools:**
  - Cancer impression is positive, not negative
  - Visualization <sup>11</sup>
  - Imagery <sup>12</sup>
  - Positive Affirmations <sup>13</sup>
  - Self-hypnosis/Meditation <sup>14</sup>
  - Faith <sup>15</sup>
  - **NuCalm**
  - Comprehensive Cancer Wellness Program



# The Healing Platform

## IMMUNITY

Boost, Strengthen, ***Balance*** Immune System

- Immune system has huge power in relation to cancer<sup>16</sup>

Tools:

- Clinical Immunotherapies
- Immune supplements and herbs
- Acupuncture<sup>17</sup>
- Liver cleanses
- Healthy Gut
- Music<sup>18</sup>

# The Healing Platform

## IMMUNITY

### Tools

- Endorphins (exercise, knitting, handiwork)
- Loving Touch and Massage<sup>19</sup>
- Unconditional Love (Pets)
- Laughter<sup>20</sup>
- Nutrition
- Supplements
- **NuCalm**

# The Healing Platform

## NOURISHMENT

Everything that can nourish, strengthen, detoxify, and repair the body at the cellular level.

Nutrition plays a key role in cancer therapy <sup>21, 22</sup>

Tools:

- Diet
- Microbiome (gut flora)
- Supplementation
- Herbs & Spices
- Enzymes
- Switch content of diet – fool the cancer!

# The Healing Platform

## DETOX

CANCER DIAGNOSIS = TOXIC OVERLOAD

According to chemical analysis of 10 cord blood samples from newborns, 287 toxins were identified in umbilical cord, 180 of which cause cancer (AXYS Analytical Services) <sup>23</sup>

# The Healing Platform

## DETOX

According to the CDC's 2009 report of blood, serum, and urine samples from 2500 random participants, all Americans are recipients of widespread exposure to environmental chemicals. This ranges from BPA and lead, to acrylamides in fried food and gasoline additives. <sup>24</sup>

# The Healing Platform

## DETOX

- **Environmental** <sup>25</sup>
  - Air. Get air purifiers for all living/working spaces.
  - Water. Human body is 70% water. Get water purifiers and filters for all household water. Do not drink bottled water; fill BPA-free bottle with purified water.
  - Electro-magnetic frequencies. Find good EMF blockers, practice Grounding.
- **Physical**
  - Detox Diet
  - Exercise
  - Liver, colon, kidney cleanses
  - Colonics & enemas
  - Chelation

# The Healing Platform

## DETOX

- **Spiritual** – Get rid of suspicions, anger, resentment, bitterness against God.
- **Psychological** – American Cancer Society states: “Research has shown that psychotherapy may improve a patient’s quality of life. It can help reduce anxiety and depression that sometimes occur in people with cancer. It can also help people cope with cancer and the changes in their lives.”<sup>26</sup>

Change negative thinking. Improve self belief system (self-confidence, self-love). Neural Emotional Therapy, counseling, self-help books, 12-step programs, Emotional Freedom Technique (EFT), Eye Movement Desensitization Reprocessing (EMDR).

# The Healing Platform

## DETOX

**Emotional** – purge toxic memories; get rid of bitterness, anger, negative emotions. Emotional Recall Healing, Neural Emotional Therapy, counseling, self-help books, 12-step programs, Emotional Freedom Technique (EFT), Eye Movement Desensitization Reprocessing (EMDR), sad books/movies.

Most oncologists are not comfortable poking around in people's emotions. Easier to just deal with chemo needle and complement them on their wig. But doctors and staff should be talking emotions and here is why: The CDC says 85 percent of disease is caused by emotions. Also supportive of this are the results of the ACE Study.<sup>27</sup>



# The Healing Platform

## LIFESTYLE

Study shows lifestyle changes have beneficial impact on cancer patients<sup>28</sup>

Experts estimate that **more than 4 in 10 cancer cases** could be prevented by lifestyle changes<sup>29</sup>

# The Healing Platform

## LIFESTYLE

- Diet (no sugar, little/no starches, organic foods)
- Stop smoking
- Reduce alcohol consumption
- Exercise (30 minutes per day)
- Eliminate negatives (people, situations)
- Reduce/control stress (NuCalm)
- Fun activities
- *Positive* support groups
- Count your blessings
- Have an 'Attitude of Gratitude'

# The Healing Platform

## LIFESTYLE

- Get daily fresh air and sunshine (use good sun sense)
- Get good, nourishing sleep every night – at least 7 hours (**NuCalm**)
- Court positive relationships
- Build physical strength
- MOVE your body, which will get your blood flowing and move the lymph

# The Healing Platform

## **TARGETED THERAPY OF CHOICE**

- **IPT/IPTLD**
- **High-Dose IV Vitamin C**
- **Cancer Stem Cells (CSCs)**
- **Oxidative Therapies**
  - **Ozone**
  - **Hydrogen Peroxide**
  - **Prolozone®**
  - **UV**
  - **UBI**
  - **HBOT**
- **Thermal Medicine**
  - **Hyperthermia and Focused Hyperthermia**
- **Baking Soda IV Therapy**

# The Healing Platform

## **TARGETED THERAPY OF CHOICE**

- **IV Chelation**
- **Immunotherapies**
- **RIGVIR®**
- **Enzymatic Therapies**
  - **Digestive**
  - **Systemic**
- **Colonic Therapies**
- **Medical Cannabis (United Patients Group)**
- **Zolodex Injections**
- **Aromatase Inhibitors**
- **Poly-MVA**
- **Lugol's Iodine**

# The Healing Platform

## **TARGETED THERAPY OF CHOICE**

- **Curcumin**
- **Metformin and Berberine**
- **Haelan 951**
- **GcMAF**
- **Hydrazine Sulfate**
- **Salicinium™**
- **Silver**
- **Artemisinin/Artesunate**
- **Iscador/Mistletoe**
- **Laetrile**

# The Healing Platform

## **TARGETED THERAPY OF CHOICE**

- **3 Bromopyruvate (3BP)**
- **Homeopathy**
- **NuCalm®**
- **Budwig Protocol**
- **AveULTRA®/Metatrol**
- **ESSIAC® Tea**
- **Red Clover Stillingia**
- **Hoxsey**
- **Pau D'arco**

# The Healing Platform

## **TARGETED THERAPY OF CHOICE**

- **Modified Citrus Pectin**
- **Mushroom Extracts**
- **KAQUN Water**
- **Selenium Therapy**
- **DMSO**
- **Functional Integrative Dentistry**
- **Psychoneuroimmunological medicine**
- **Amino Acid Supplementation**
- **Seeds**
- **Food**



# The Leading Edge of Integrative Oncology

## Targeted Treatments for Cancer Stem Cells (CSCs)

- Max Wicha, MD, stated 2006: standard cancer treatments can make things worse because when tumor cells die under assault from chemotherapy and radiation, they give off inflammatory messengers that can recruit CSCs. <sup>30, 31</sup>
- CSCs responsible for recurrence of cancer – targeting cancer stem cell population is essential for improving outcomes. <sup>32, 33, 34</sup>
- Targeted treatment for CSCs include Metformin, Berberine, natural botanicals<sup>35</sup>, heparin, curcumin<sup>36, 37</sup>, modified citrus pectin (PectaSol-C), fermented soy (Haelan 951), fish oil<sup>38</sup>, fermented wheat germ extract (Metatrol), and sulforaphane<sup>39</sup>.

# CONCLUSION:

- *A Partnership/Team between patients and the appropriate integrative physician(s).*  
[www.BestAnswerforCancer.org/Find-a-Physician](http://www.BestAnswerforCancer.org/Find-a-Physician)
- *Combine appropriate conventional, complementary, and alternative therapies to achieve optimum health. Find the individual's Best Answer for Cancer!*
- *Switch timing and intervals on therapies, supplements, and foods. “Never let it see you coming!”*
- *Address, repair, re-nourish and restore to functionality the entire person as a whole system: build a healing platform and Build Your Own Cure!*

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