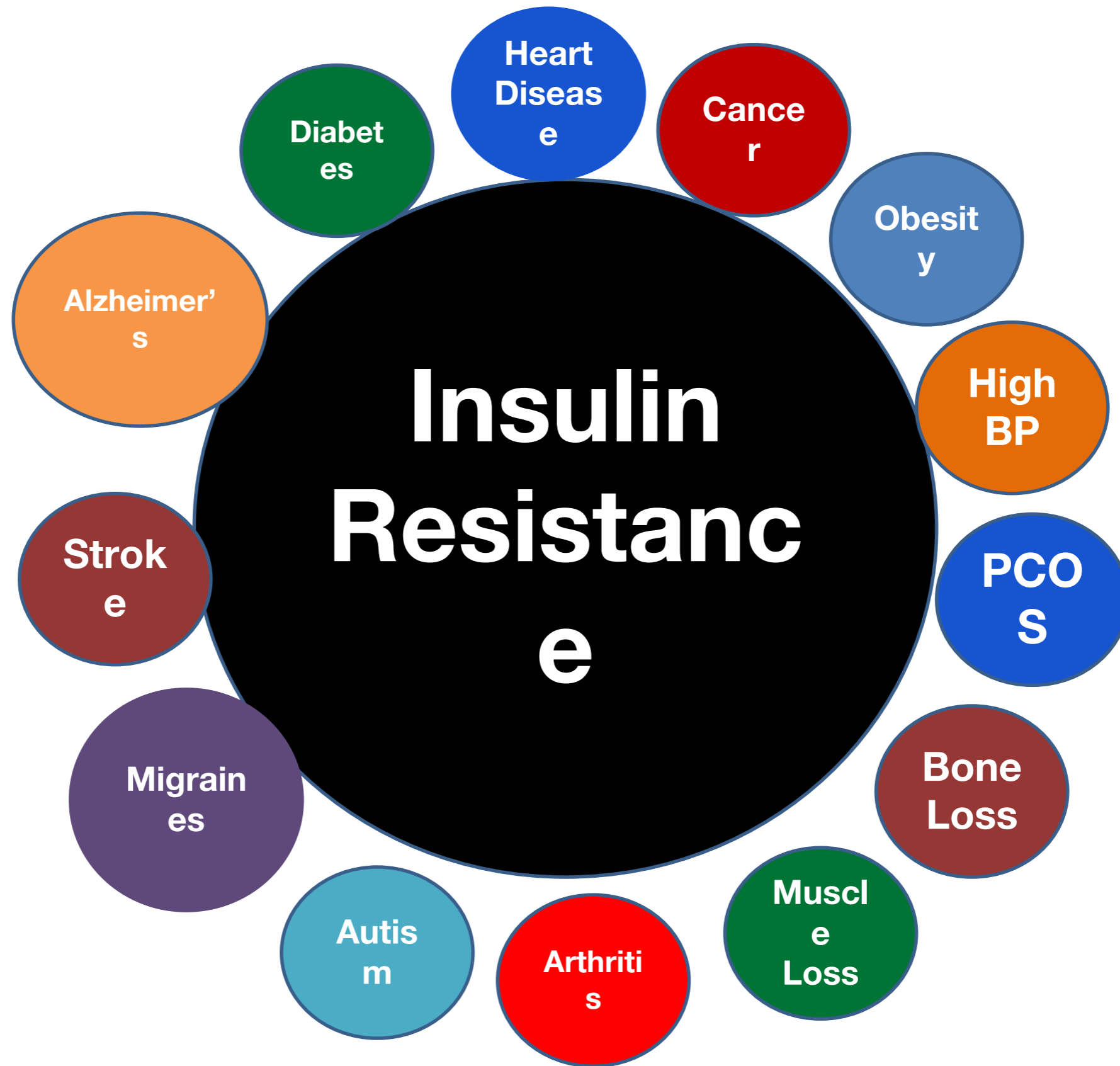


**You
CAN
Take
Control
Of Your
Health**

ALL Phones

Airplane Mode

**Look
At
Person
Next to
You**





THE RETURN
OF THE
METABOLIC
THEORY OF
CANCER
ILLUMINATES
A NEW
AND
HOPEFUL
PATH TO
A CURE

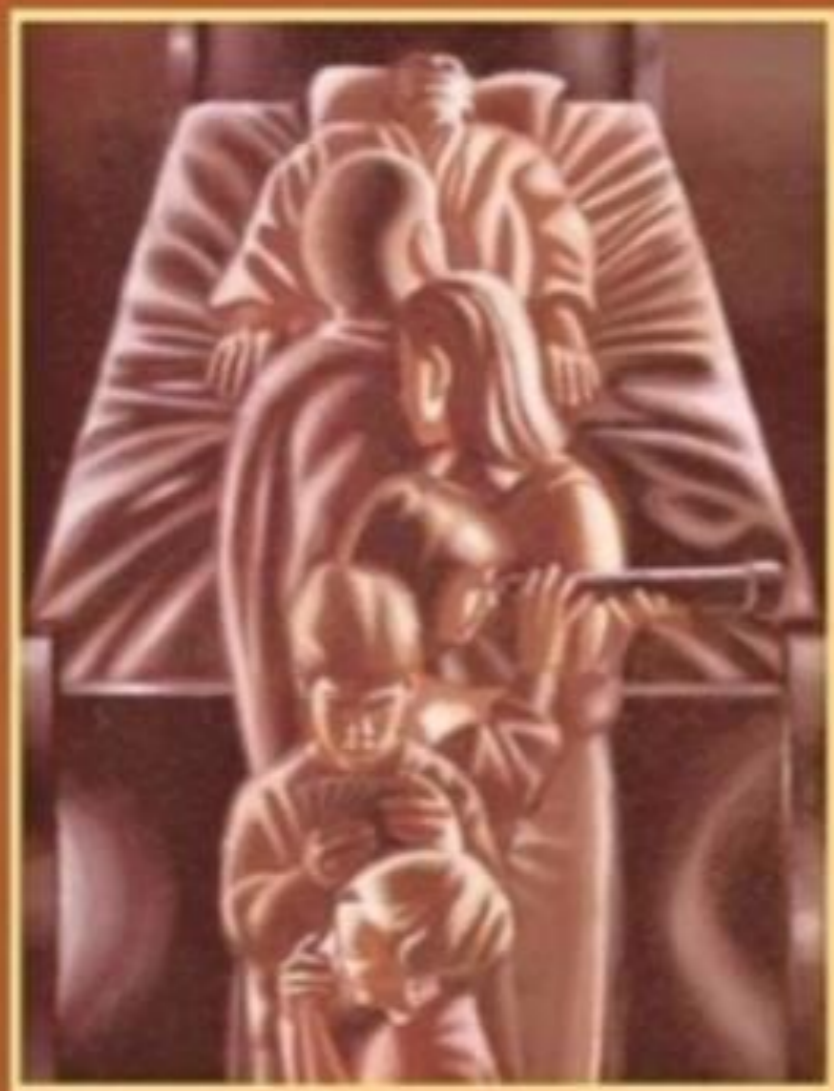
TRIPPING OVER THE TRUTH



TRAVIS
CHRISTOFFERSON

Cancer as a Metabolic Disease

On the Origin, Management,
and Prevention of Cancer



Thomas N. Seyfried



FAT FOR FUEL



A Revolutionary Diet to Combat Cancer,
Boost Brain Power, and Increase Your Energy

DR. JOSEPH MERCOLA

New York Times best-selling author of EFFORTLESS HEALING

Anyone Tried Ketosis?

**Most
Powerful
Metabolic
Intervention
I know?**

Water Fasting

- **Cheaper than free**
- **Autophagy**
- **Stem Cells**
- **20 hour intermittent fast**

the

COMPLETE

GUIDE

to

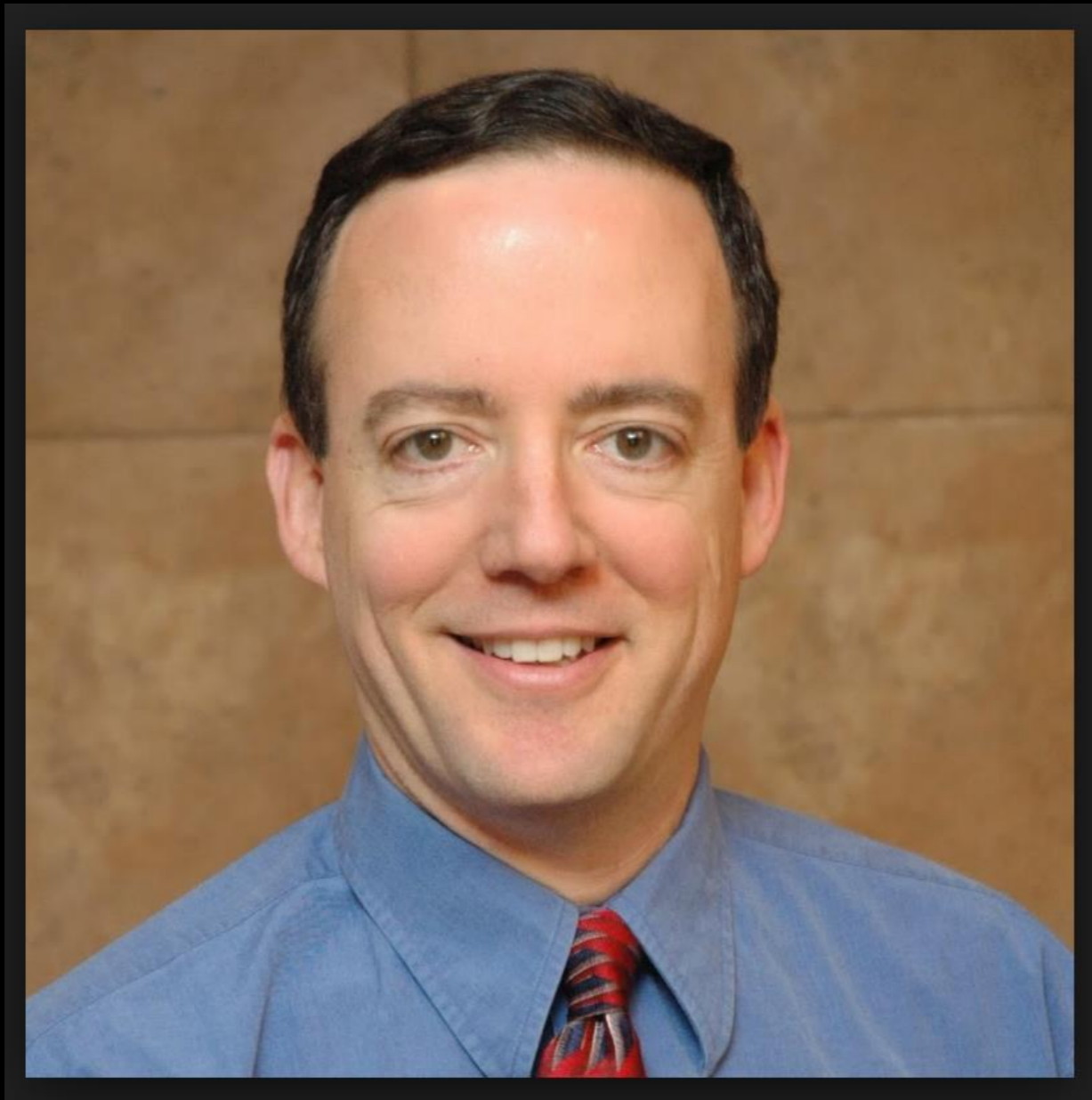
FASTING

Heal Your Body Through
Intermittent, Alternate-Day, and Extended Fasting



Jason Fung, MD

with Jimmy Moore



Alan Goldhamer
Director
True North Clinic



Targeted Cycling

Dr. Mercola, May 2018

Flax Oil



WHO Class 2B Carcinogen

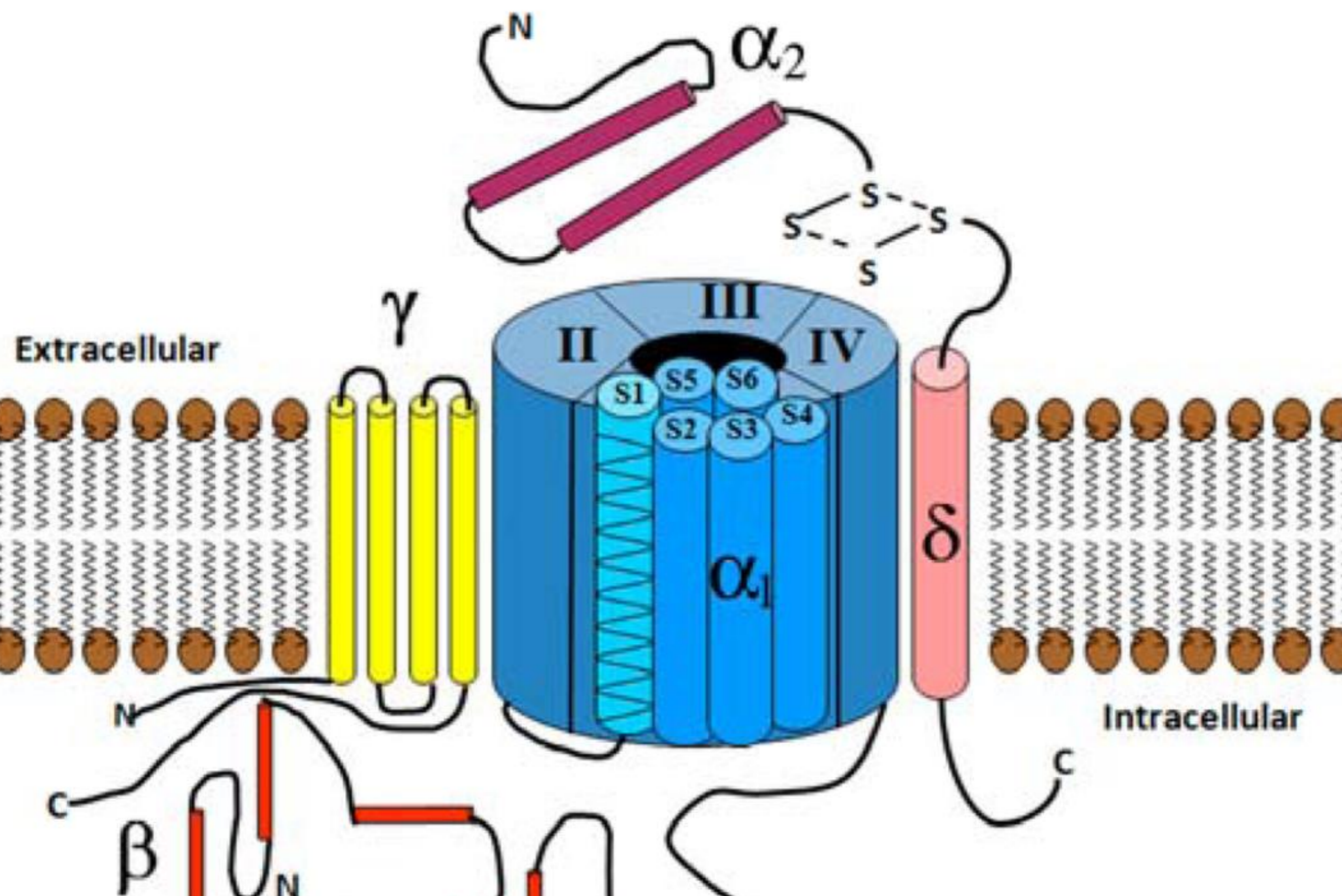
May 2011

How Do Cell Phones Cause Cancer?

VGCC

- **Dr. Martin Pall**
- **2 Dozen studies calcium channel blockers**

VOLTAGE-GATED CALCIUM CHANNELS



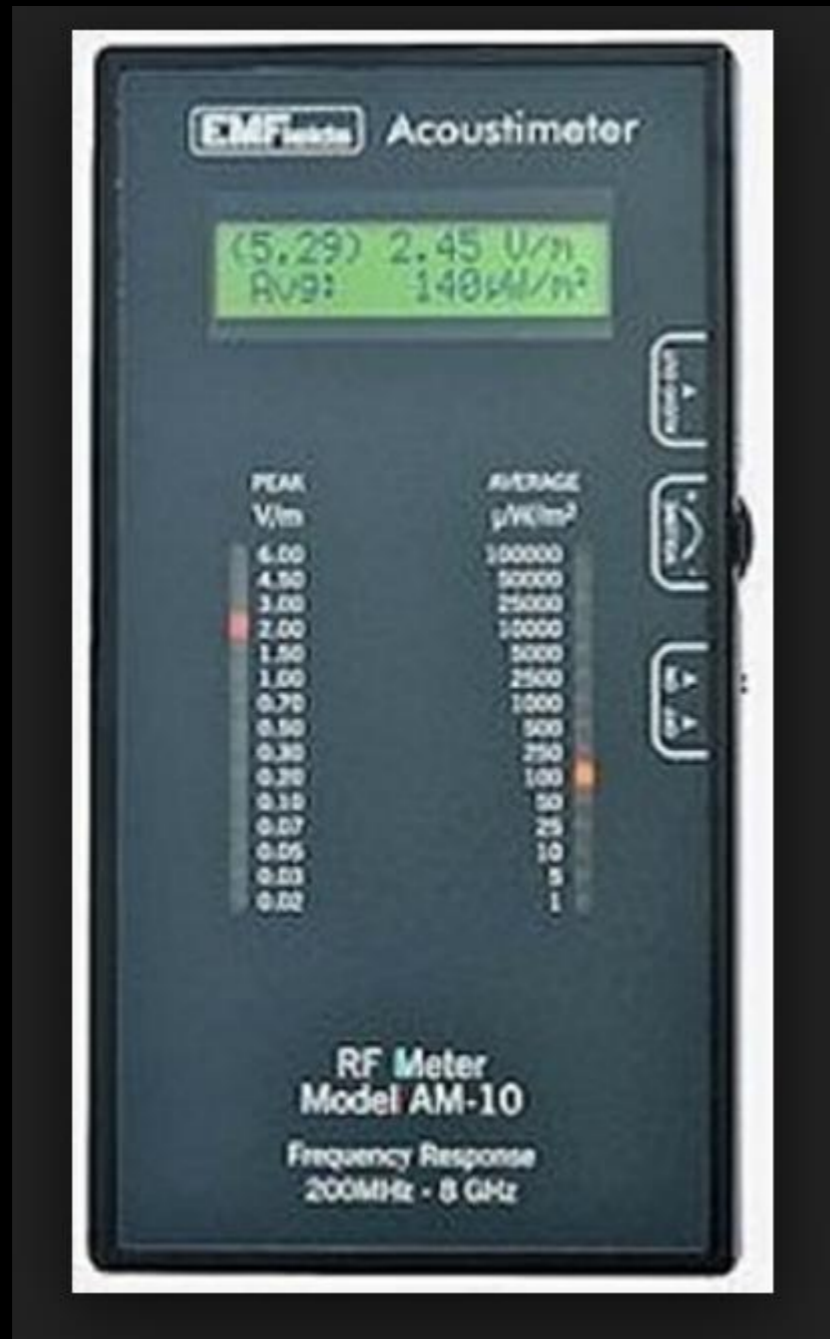
Impact

- **Us** **S**
- **Animals**
- **Plants**
- **Our microbiome**

Limit Damage

- **Most Important!!**
- **Measure and
AVOID**

Acoustimeter Acouticom 2



Microwave EMF

- **Microwave Oven (steam/convection)**
- **Most EMF from YOUR Home**
- **Wi-Fi switch to wired only**
- **Portable phones**
- **Computers**

Stealth EMF

- **Your phone not in airplane mode**
- **Wireless mice & keyboards**
- **Smart (Nest) thermostat**
- **Smart TVs**
- **Electric toothbrush and shaver**

ELF

(Extremely low frequency)

**Magnetic
Electrical**



NFA 1000 Gigahertz

**ELF and
Magnetic
Meter**

Building Biologist

HBELC.org/
International Institute
for Building Biology
and Ecology



Why We Sleep

UNLOCKING THE POWER OF
SLEEP AND DREAMS

Matthew Walker, PhD



**Turn OFF
Power to
Bedroom
At
Night**

Bedroom ELF

- **Turn off circuit breakers**
- **Remote Cutoff SLT.CO**
- **Battery clock**

Talking Clock



Limit Damage

- **Magnesium**
- **Molecular Hydrogen**

Adjuncts

- **Fasting**
- **Vitamin C IV & Liposomal**
- **Hyperbaric Oxygen Live O2**

PhotoBio Modulation

**Joovv
Light**



Computer Screen Blue Blocker

IrisTech.c

O

Not .com

Minerals

- **Magnesium**
- **Selenium**
- **Zinc**
- **Iodine**

Blood Tests

- **Serum Ferritin 40-60 ng/ml**
- **GGT, HS-CRP**
- **Therapeutic phlebotomy**

A hand is shown from the left, holding a bright sun. The sun is positioned between the thumb and index finger, creating a lens flare effect. The background is a clear blue sky with some white clouds on the right side.

Vitamin D

**40-60
ng/ml**

Sunshine

MORE than Vitamin D

- **Near Mid and Far Infrared**
- **Structures intracellular water**
- **Cytochrome C Oxidase**

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Health**